

AAPTA MITRA – COMMUNITY VOLUNTEER TRAINING MODULE (for 12 Days)

Sl.No	Training Module	Methods / Tools / Materials
1	Opening session – Inauguration, Mutual introduction, principles & practise of Disaster management, Type of Disaster management	Through Games & tasks
2	Disaster management system in India with special reference to Tamilnadu state	Audio-Visual & presentation
3	Flood forecasting, warning system in India & Tamilnadu, causes for flood, problems & effective Disaster management system being adopted. Preparedness to face the disaster	Video & Audio-Visual
4	Emergency management – Risk communication & simulation exercises, Flood rescue system (surface water & under water), methods of communication, tools for communication, command for the Rowing boat, fisherman & to the community for rescue operation. Emergency method of rescue Motor boats & other boats concept & their functions during the rescue operations	PPT & TV, Radio, Newspaper, Posters
5	Flood rescue – various equipments & materials-are being used for the rescue operation & also for evacuation, methods of rescue	Practical- Operation methods , handling methods, quality assurance & maintenance
6	Latest & improved floating aids & the method of using the aids for the effective rescue operations	Practical- Operation methods , handling methods, quality assurance & maintenance
7	Methods of identifying, affected, injured & collapsed persons & livestock's, procedure for the corpse. Disposal of dead bodies at the local level	Flow chart with pictures
8	Life jacket & life line - the rules, usages & functions	Life jacket & Audio-Visual Aids
9	Life support systems / technique – Human Respiratory system, blood circulation, Cardio, Pulmonary, CPR etc.,	Demonstration with kit & models
10	Flood protection system & repairs & maintenance needed at the flood disaster	Videos & printed materials
11	Flood rescue boat, rope & its operational / functional methodologies	
12	Construction of improvised bridges with rope, wood & available local materials. The concepts & methods of them in the disaster management	Demonstration & models
13	Concept & functions of derricks, sheer legs, guys demonstration of models/miniatures	Demonstration with miniatures, models / tools
14	The features & usage of Pickets & holdfasts- method & demonstration s	Demonstrations
15	Communication Tools & equipments- its usages during the rescue operation-	Demonstrations, showing newspaper

	wireless, telephone, radio, mobile social media	clippings
16	Flood disaster management – sharing good & bad experience by the local community people/ individuals, officials & NGO's	Sharing experience with pictures & other displays
17	Community Volunteers – their importance in the rescue operations & disaster management- volunteers net work – training-refresher courses – group dynamics, functions & responsibilities, stock files ,emergency responder kit, emergency activities – volunteer directory- updating information & knowledge in disaster management, Back at work in the way forward – continuity in volunteer service	PPT, video show & printed matters
18	Recaps the lessons learned – Disaster management according to the local specific circumstances, problems, needs & emergencies	Demonstration by the participant trainees in the various aspects as individual & groups
19	Training appraisal, evaluation & feedback – the system of working of the trained volunteers – do's & don't's – connection with the local governments / NGO's & other volunteers	Participatory evaluation, appraisal about the trainees participation & distribution of handouts
20	Farwell & disperse & training appraisal note by the Chief guest / Nodal officer of the training	Issue of certificates Awards Issue of handbook to volunteers

- Note :**
- 1.** The above training module may be altered/modified as per the guidelines & instructions of the Sponsoring Department
 - 2.** The needed tools & equipments for the training programme will be procured & used & will be updated from time to time
 - 3.** Special Faculty / Resource persons will be invited from the Govt. Department / Universities/ NGO's & especially talented persons
 - 4.** For every end of the 3rd day of the training an evaluation will be conducted for the course correction for conduct of effective training. During the end of the everyday training programme a review will be done about the previous day training.
 - 5.** Exposure visits will also be planned for field demonstration
 - 6.** According to the situations with the consent of the Sponsoring Department the following programmes will be conducted for effective result
 - a.** Yoga classes for about 20 mts. in the morning
 - b.** The Trainees will be facilitated with indoor & outdoor sports & games
 - c.** Camp-fire programmes programme will be conducted to build rapport among the participants & Facilitators
 - d.** Talent show will be conducted to evince the talent of the every individual trainee.