

STATE DISASTER RESPONSE FORCE

PROGRAM SCHEUDLE

S. NO	DAY	SESSION	TYPE	DURATION	REQUIREMENT
1.	DAY-1	INTRODUCTION TO DISASTER MANAGEMENT	L	60 MINS	HALL WITH CAPACITY FOR PARTICIPANTS GOOD AV PROJECTOR WITH COMPUTER
2.	DAY-1	ROPES & KNOTS (BASIC/ ADVANCED)	L/D/P	60 MINS – 90 MINS	ROPE SLINGS
3.	DAY-1	RAPPELLING	L/D/P	5 HOURS – 6 HOURS	BUILDING OR NATURAL STRUCTURE HIGH ABOUT 30 FEET MINIMUM, ROPE, HARNESS, DESCENDER, CARABINERS
4.	DAY-3	ZIP LINE (BASIC/ IMPROVISED)	L/D/P	5 HOURS – 6 HOURS	ROPES,PULLEY,CARABINERS,BED SHEET,BORI,
5.	DAY-2	RIVER CROSSING (LOW & HIGH LEVEL WATER WITH HIGH FORCE)	L/D/P	4 HOURS – 5 HOURS	ROPES,PULLEY, CARABINERS,
6.	DAY-2	SIGNALS (VISUAL &AUDITORY)	L/D/P	60 MINS – 90 MINS	IF INDOOR : HALL WITH CAPACITY FOR PARTICIPANTS GOOD AV PROJECTOR WITH COMPUTER

7.	DAY-3	SURVIVAL TIPS	L	60 MINS	IF INDOOR : HALL WITH CAPACITY FOR PARTICIPANTS GOOD AV PROJECTOR WITH COMPUTER
8.	DAY-4	CLIFF RESCUE	L/D/P	90 MINS – 120 MINS	OUTDOOR
9.	DAY-4	PULLEY SYSTEM (LADDERLESS OPERATIONS)	L/D/P	5 HOURS – 6 HOURS	CARABINERS, ROPE, PULLEIES, ZUMAR
10.	DAY-1	ROPE HARNESS	L/D/P	90 MINS – 120 MINS	ROPE SLINGS
11.	DAY-3	PROBING METHODS	L/D/P	3 HOURS – 4 HOURS	PROBING RODS
12.	DAY-4	NAVIGATION & MAP READING	L/D/P	2 HOURS – 3 HOURS	TOPOGRAPHICAL MAP,GPS,COMPASS
13.	DAY-5	BOULDERING (CLIMBING TECHNIQUES)	L/D/P	3 HOURS – 4 HOURS	NATURAL ROCK PHASE IF AVAILABLE
14.	DAY-4	SNAKE HANDLING	L/D/P		SNAKE HANDLER WITH PROPER EQUIPMENT
15.	DAY-4	TENT PITCHING	L/D/P	2 HOURS – 3 HOURS	TENTS,POLES,PEGS
16.	ANY TIME	BENIGHTMENT	P	6 HOURS – 8 HOURS	NIL
17.	DAY-5	EQUIPMENT MAINTANENCE	L/D	60 MINS	NIL
18.	DAY-6	EXAMS (THEORY & PRACTICAL)			
19.	DAY-7	GRADUATION CEREMONY			