

இந்தியஅரசு

இந்தியவானிலைஆய்வுதுறை மண்டலவானிலைஆய்வுமையம் 6, கல்லூரிசாலை, சென்னை600006 -

தொலைபேசி: 044-28271951.



GOVERNMENT OF INDIA

INDIA METEOROLOGICAL DEPARTMENT Regional Meteorological Centre No. 6, College Road, Chennai–600006 Phone: 044-28271951.

Dated: April 23, 2024 Time of issue: 14:30 hrs IST

To:

The Commissioner of Revenue Administration, Govt of Tamilnadu

The Special branch CID, O/o the DGP Campus, Mylapore

The Commissioner of Chennai /IS- INSPECTOR CONTROLROOM /

The Commissioner of Greater Chennai Corporation

Thur(tnstateeoc1@gmail.com,tn.relief@gmail.com,iscrcni@gmail.com, sbcid.city@gmail.com,commissioner@chennaicorporation.gov.in, tndgpcontrolroom@gmail.com)

The State Election Commissioner (tnsec.tn@nic.in)

The Chief Electoral Officer (ceo@tn.gov.in)

The Chief Secretary, Puducherry

The Commissioner-cum-Secretary(Revenue), Puducherry

The Special Secretary to Government-cum- District Collector, Puducherry

TheDistrict Collector, Karaikal

(cs.pon@nic.in, secyfin.pon@nic.in, dcrev.pon@nic.in, collr.kkl@nic.in)

Jt.CEO Puducherry" < jtceo pondicherry@eci.gov.in>

Sub: Special message regarding maximum temperatures over Tamilnadu, Puducherry & Karaikal

Maximum temperatures observed during the past 24 hours:

During the 24-hr ending 08:30 IST of today (24.04.2024), the maximum temperatures over Tamilnadu were generally above normal by 2-4°C over many pockets in the plains of interior Tamilnadu. They were 4-5°C above normal at isolated pockets over north interior Tamilnadu (Erode, Dharmapuri & Karur districts)

Heat wave conditions prevailed over **Erode district** of north interior Tamilnadu.

Nine stations of interior Tamilnadu recorded maximum temperature of 40°C - 42°C.

Highest maximum temperature was recorded at Salem: 42.3°C (+4.4°C) followed by Erode: 42.0°C (+4.5°C), Tirupattur: 41.6°C (+3.9°C), Karur Paramathi: 41.5°C (+4.0°C) & Vellore: 41.5°C (+2.6°C), Dharmapuri: 41.0°C (+3.8°C) & Madurai city: 41.0°C (+3.8°C), Namakkal: 40.5°C, Thiruchirapalli: 40.1°C (+2.0°C).

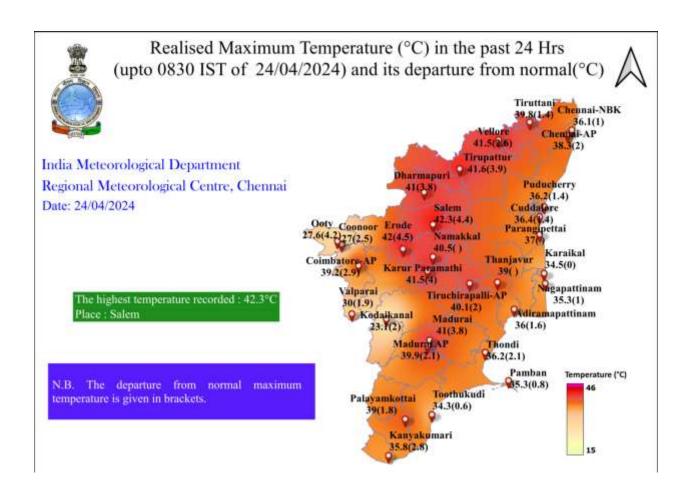
Plains of the rest of interior Tamilnadu recorded 38-39°C.

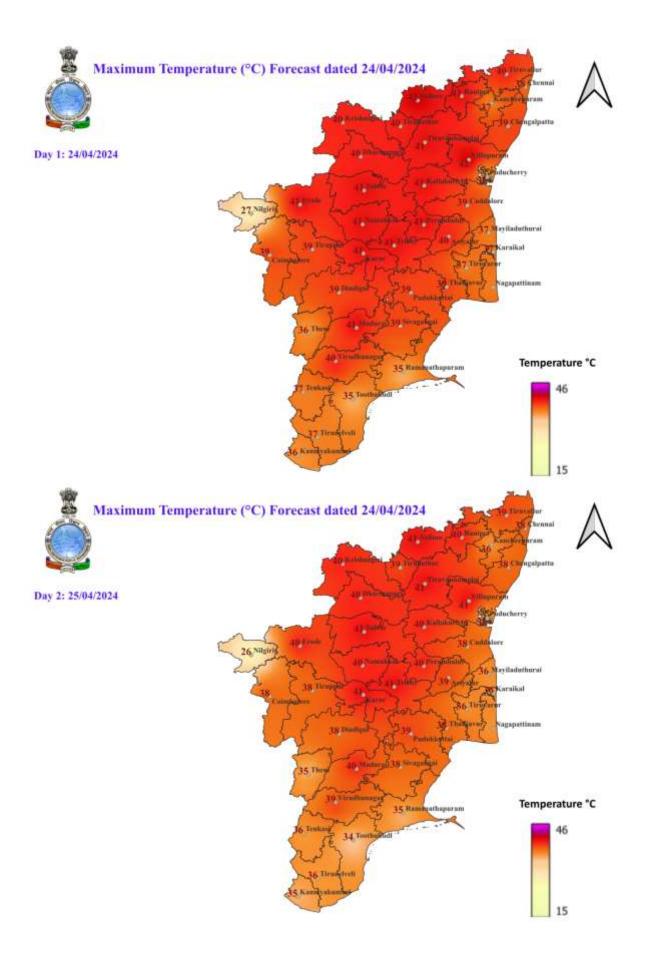
The **coastal areas** of Tamilnadu, Puducherry & Karaikal recorded **34°C to 38°C** and the **hilly areas**, 21°C to 28°C (generally, above normal maximum temperatures).

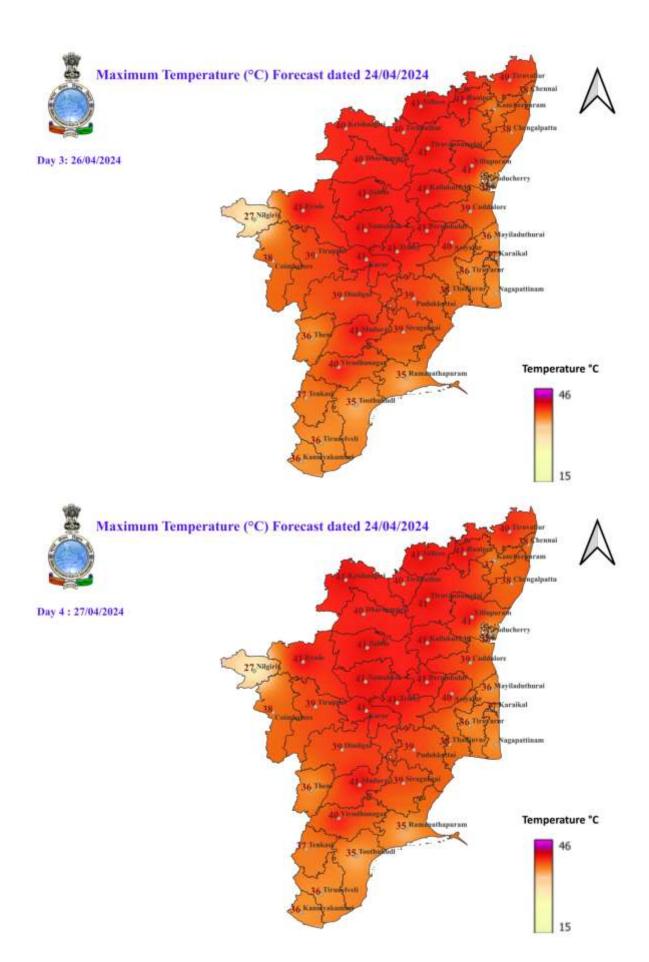
Chennai recorded normal maximum temperatures (MBK: 38.3° C (+2.0) & NBK: 36.1° C (+1.0°C).

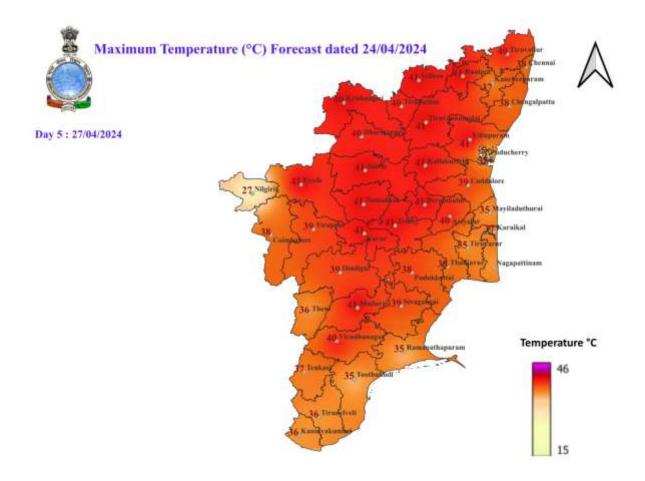
Temperature & Humidity Forecast and warning for next five days:

<u>Forecast</u>	Maximum Temperature:
Day-1 to Day-5	
(24.04.2024 to	Maximum temperature is likely to be 3-5°C above normal at
<u>28.04.2024)</u>	isolated pockets over North Interior Tamilnadu during the
	next two days. (24.04.2024 & 25.04.2024) . It is likely to be 39-
	42°C at a few pockets over the plains of the interior districts
	for the next two days (24.04.2024 & 25.04.2024).
	101 the flext two days (24.04.2024 & 25.04.2024).
	Maximum temperature is likely to be 2-4°C above normal at a
	few pockets over Interior Tamilnadu during the subsequent
	three days. (26.04.2024 to 28.04.2024). It is likely to be 38-41°C
	at a few pockets over the plains of the interior districts during
	the subsequent three days. (26.04.2024 to 28.04.2024).
	the subsequent three days. (20.04.2024 to 20.04.2024).
	Maximum temperature is likely to be 35-38°C at a few pockets
	over the rest of Tamilnadu, Puducherry & Karaikal area for
	the next five days. (24.04.2024 to 28.04.2024).
	Relative Humidity (24.04.2024 to 28.04.2024):
	Humidity is likely to be about 30-50% in the afternoon hours and
	40-75% during the rest of the day over the plains of interior districts;
Warning Day-1 to	and 50-85% over the coastal areas during the next five days. Due to high temperatures and humid conditions, hot and discomfort
Day-5	weather is likely at isolated pockets over Tamilnadu during the next
$\frac{Day-5}{(24.04.2024-)}$	five days.
28.04.2024	1110 days.
	HEAT WAVE WARNING: Heat wave is likely at isolated
	pockets over North Interior Tamilnadu during the next two days
	24.04.2024 & 25.04.2024
Action suggested to	As given in the attachment
the public	









HEAT STRESS

(https://ndma.gov.in/Natural-Hazards/Heat-Wave/Dos-Donts)

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty
- Wear lightweight, light-coloured, loose and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles.
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Keep animals in shade and give them plenty of water to drink.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Use fans, damp clothing and take bath in cold water frequently.

TIPS FOR TREATMENT OF A PERSON AFFECTED BY A SUNSTROKE

- Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature.
- Give the person ORS to drink or lemon sarbat/torani or whatever is useful to rehydrate the body.
- Take the person immediately to the nearest health centre. The patient needs immediate hospitalisation, as heat strokes could be fatal.

ACCLIMATISATION

People at risk are those who have come from a cooler climate to a hot climate. You may have such a person(s) visiting your family during the heat wave season. They should not move about in open field for a period of one week till the body is acclimatized to heat and should drink plenty of water. Acclimatization is achieved by gradual exposure to the hot environment during heat wave.