भारत सरकार भारतीय मौसम विज्ञान विभाग प्रादेशिक मौसमविज्ञान केन्द्र नं: 6, कालेज रोड, चेन्नै – 600006 दूरभाष : 044- 28271951



GOVERNMENT OF INDIA INDIA METEOROLOGICAL DEPARTMENT Regional Meteorological Centre No. 6, College Road, Chennai–600006 Phone: 044 - 28271951

#### இந்திய அரசு

இந்திய வானிலை ஆய்வு துறை மண்டல வானிலை ஆய்வு மையம் 6, கல்லூரி சாலை, சென்னை600006 -

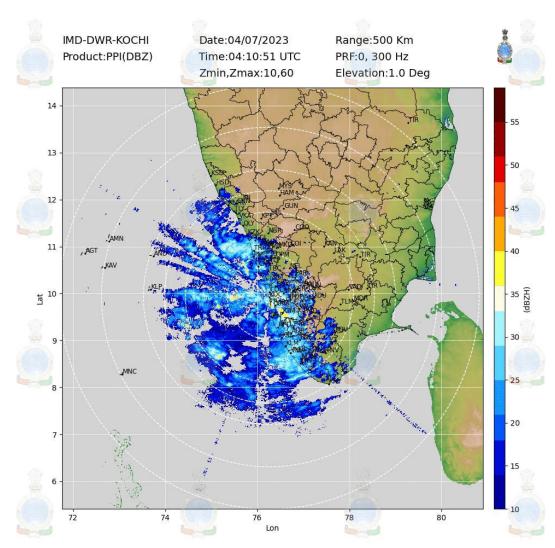
#### DATE: 04-07-2023

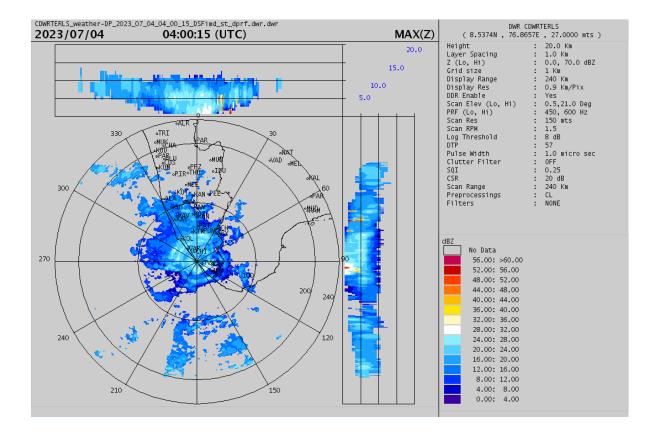
Time of issue: 1000 Hrs IST

| Sub: Rain/Thunderstorm warning/Lightning warning |                |   |                  |  |  |
|--|----------------|---|------------------|--|--|
| VALIDITY   | SEVERE         | DISTRICT AFFECTED                         | IMPACT           |  |  |
|  | WEATHER        | (ISOLATED/A FEW/MANY PLACES)              |                  |  |  |
|  | PHENOMEN       |   |                  |  |  |
|  | A (VERY        |   |                  |  |  |
|  | LIKELY/MOS     |   |                  |  |  |
|  | T LIKELY)      |   |                  |  |  |
| 03 hrs   | Light          | Isolated places over Nilgiris,Coimbatore, | Water logging    |  |  |
| (upto 1300                                       | Thunderstorm   | Tiruppur,Theni,Dindugal,Tenkasi,          | in some areas.   |  |  |
| hrs IST of                                       | & lightning    | Tirunelveli,Kanniykumari and              | Slippery roads   |  |  |
| 04 <b>.07.2023</b> )                             | with Light to  | Virudunagar districts of Tamilandu and    | in some areas.   |  |  |
|  | Moderate rain  | Puducherry.                               | Traffic may be   |  |  |
|  | is very likely |   | affected in some |  |  |
|  |                |   | areas.           |  |  |
|  |                |   | Minor damage     |  |  |
|  |                |   | due to           |  |  |
|  |                |   | loose/unsecure   |  |  |
|  |                |   | d structures.    |  |  |
|  |                |   |                  |  |  |
|  |                |   |                  |  |  |
|  |                |   |                  |  |  |
|  |                |   |                  |  |  |
|  |                |   |                  |  |  |
|  |                |   |                  |  |  |

| 03 hrs             | Light rain is | Isolated places over                  | NIL. |
|--------------------|---------------|---------------------------------------|------|
| (upto 13 <b>00</b> | very likely   | Tiruvallur, Chennai, Kancheepuram and |      |
| hrs IST of         |               | Chengalpattu districts of Tamilandu   |      |
| 03.07.2023)        |               |                                       |      |
|                    |               |                                       |      |
|                    |               |                                       |      |
|                    |               |                                       |      |
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Duty Officer For Director In-charge Regional Weather Forecasting Centre Regional Meteorological Centre, Chennai.





### Thunderstorm & Lightning: Do's and Don'ts

#### (i) If at home or work -

#### Preparation:

- ✓ Look for darkening skies and increased wind.
- ✓ If you hear thunder, you are close enough to be struck by lightning.
- ✓ Keep monitoring local media for updates and warning instructions.
- ✓ Stay indoors and avoid travel if possible.
- ✓ Close windows and doors, and secure objects outside your home (e.g. furniture, bins, etc.).

- ✓ Ensure that children and animals are inside.
- ✓ Unplug unnecessary electrical appliances (to isolate them from the main power supply which may conduct a power surge during a lightning storm).
- ✓ Remove tree timber or any other debris that may cause a flying accident.

### Response:

- ✓ Avoid taking a bath or a shower, and stay away from running water. This is because lightning can
- ✓ travel along metal pipes. Keep away from doors, windows, fireplaces, stoves, bathtubs, or any other electrical conductors.
- ✓ Avoid using corded phones and other electrical equipment that can conduct lightning.

## (ii) If Outdoor -

## Response:

- ✓ Go to safe shelter immediately avoid metal structures and constructions with metal sheeting.
- ✓ Ideally, find shelter in a low-lying area and make sure that the spot chosen is not likely to flood.
- ✓ Crouch down with feet together and head down to make yourself a smaller target.
- ✓ Hair standing up on the back of your neck could indicate that lightning is imminent.
- ✓ Do not lie flat on the ground; this will make a bigger target.
- ✓ Keep away from all utility lines (phone, power, etc.), metal fences, trees, and hilltops.
- ✓ Do not take shelter under trees as these conduct electricity.
- ✓ Rubber-soled shoes and car tyres do not offer protection from lightning.

# (iii) If travelling -

## Response:

- $\checkmark$  Get off bicycles, motorcycles or farm vehicles that may attract lightning.
- ✓ Get to a safe shelter.
- ✓ If boating or swimming, get to land as quickly as possible and take shelter.
- ✓ During a storm, remain in your vehicle until help arrives or the storm has passed (the metal roof will provide protection if you are not touching metal inside); windows should be up; park away from trees and power lines.

# (iv) If struck by lightning -

## Treatment:

✓ Take the person who is struck by lightning to a hospital.

- ✓ If possible, give basic First Aid.
- ✓ People struck by lightning carry no electrical charge and can be handled safely.
- ✓ Check for broken bones, loss of hearing and eyesight.
- ✓ A victim of a lightning strike can suffer varying degrees of burn. Check the impact point and where the electricity left the body for injury marks.

(pl visit https://ndma.gov.in/Resources/awareness/lightning/visuals)