இந்திய அரசு

இந்திய வானிலை ஆய்வு துறை மண்டல வானிலை ஆய்வு மையம் 6, கல்லூரி சாலை, சென்னை 600006 தொலைபேசி: **044- 28271951**



GOVERNMENT OF INDIA

INDIA METEOROLOGICAL DEPARTMENT Regional Meteorological Centre No. 6, College Road, Chennai–600006 Phone: **044-28271951**

Dated: April 09, 2024

Time of issue: 12:00 Hrs IST

From: REGIONAL METEOROLOGICAL CENTRE, CHENNAI

To:

The Commissioner of Revenue Administration, Govt of Tamilnadu

The Special branch CID, O/o the DGP Campus, Mylapore

The Commissioner of Chennai /IS- INSPECTOR CONTROLROOM /

The Commissioner of Greater Chennai Corporation

Thur(tnstateeoc1@gmail.com,tn.relief@gmail.com,iscrcni@gmail.com,

sbcid.city@gmail.com,commissioner@chennaicorporation.gov.in,

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The State Election Commissioner (tnsec.tn@nic.in)

The Chief Electoral Officer (ceo@tn.gov.in)

The Chief Secretary, Puducherry

The Commissioner-cum-Secretary(Revenue), Puducherry

The Special Secretary to Government-cum- District Collector, Puducherry

The District Collector, Karaikal

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Sub: Special message regarding maximum temperatures over Tamilnadu, Puducherry & Karaikal

Maximum temperatures observed during the past 24 hours:

Maximum temperatures during the 24-hr ending 08:30 IST of today (09.04.2024) were generally above normal by 2-5°C over most pockets in the plains of interior Tamilnadu. They were appreciably above normal at a few pockets over the interior Tamilnadu (Salem, Erode, Tirupattur, Madurai city, Karur Paramathi, Dharmapuri, Thiruchirapalli, Tiruttani& Palayamkottai districts).

Heat wave conditions prevailed over Karur Paramathi, Dharmapuri & Madurai (city) areas of Interior Tamilnadu.

Eight stations in interior Tamilnadu recorded 40°C-42°C.

Highest maximum temperature was recorded atSalem:41.7°C (+4.1°C)followed by Erode:41.6°C (+4.2°C) Tirupattur:41.4°C (+4.2°C), Madurai city: 41.2°C (+4.9°C), Karur Paramathi: 41.0°C (+4.5°C), Dharmapuri: 40.7°C (+4.5°C), Thiruchirapalli: 40.7°C (+3.3°C) & Namakkal: 40.0°C.

Madurai airport, Tiruttani, Vellore & Thanjavur recorded 39°C to 40°C.

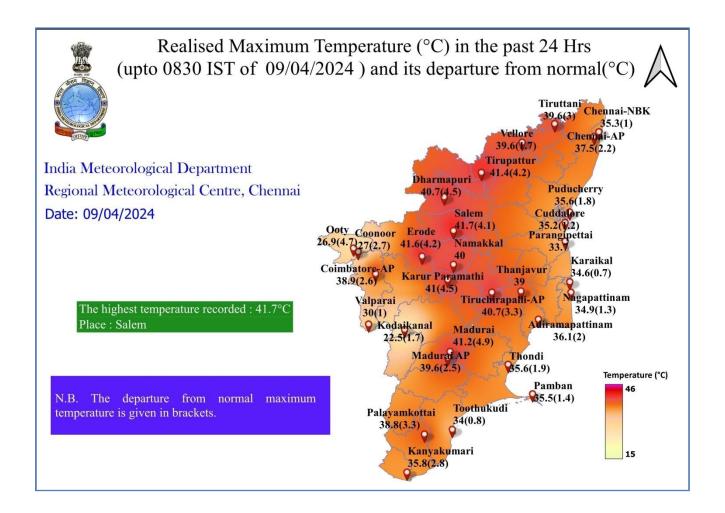
The **coastal areas** of Tamilnadu recorded **34**°C **to 37**°C (1-3°C above normal), Puducherry: **35.6**°C, Karaikal: **34.6**°C and the **hilly areas**, **23**°C **to 30**°C (appreciably above normal maximum temperatures at a few pockets).

Chennai(MBK) recorded above normal maximum temperature of $37.5^{\circ}C$ (+2.2°C) and NBK recorded normal temperature of $35.3^{\circ}C$ (+1.0°C).

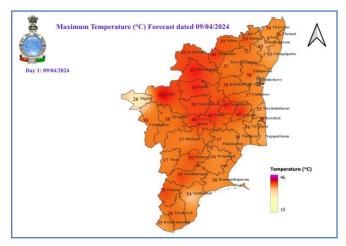
Temperature & Humidity Forecast and warning for next five days:

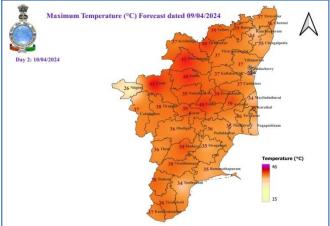
<u>Forecast</u>	Maximum Temperature:
Day-1-Day-5	Gradual fall by 2-3°C is likely at a few places during the next five days.
(09.04.2024 to 13.04.2024)	<u>09.04.2024:</u>
	Maximum temperature is likely to be 2-4°C above normal at many pockets
	over the plains of north interior Tamilnadu and 2-3°C above normal at a few
	pockets over the rest of Tamilnadu, Puducherry& Karaikal.
	It is likely to be 38°C to 41°C at many pockets over the plains of the interior
	districts; and 34°C to 38°C over most pockets in the coastal areas of
	Tamilnadu, Puducherry & Karaikal.
	<u>10.04.2024-11.04.2024:</u>
	Maximum temperature over Tamilnadu is likely to be generally 2-3°C above
	normal.
	Relative Humidity (09.04.2024-11.04.2024): Humidity is likely to be about
	30-50% in the afternoon hours and 40-70% during the rest of the day over
	the plains of interior districts; and 50-80% over the coastal areas during the
	next three days.
Warning (09.04.2024 to	Due to high temperatures and humid conditions, hot and discomfort weather
11.04.2024)	is likely at isolated pockets over Tamilnadu during the next three days.
Action suggested to the	As given below
public	

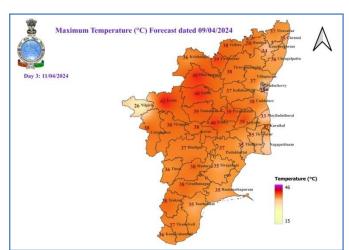
P.SENTHAMARAI KANNAN Scientist-F For the Deputy Director General of Meteorology Regional Meteorological Centre, Chennai

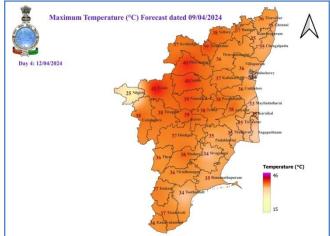


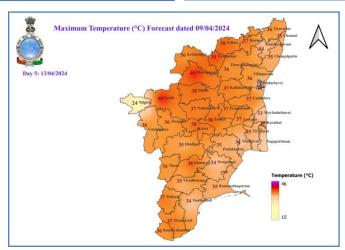
Maximum Temperature forecast for next five days











ADVISE FOR MINIMISING IMPACTS DUE TO HEAT STRESS

(https://ndma.gov.in/Natural-Hazards/Heat-Wave/Dos-Donts)

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty
- Wear lightweight, light-coloured, loose, and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles.
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Keep animals in shade and give them plenty of water to drink.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Use fans, damp clothing and take bath in cold water frequently.

TIPS FOR TREATMENT OF A PERSON AFFECTED BY A SUNSTROKE

- Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature.
- Give the person ORS to drink or lemon sarbat/torani or whatever is useful to rehydrate the body.
- Take the person immediately to the nearest health centre. The patient needs immediate hospitalisation, as heat strokes could be fatal.

ACCLIMATISATION

People at risk are those who have come from a cooler climate to a hot climate. You may have such a person(s) visiting your family during the heat wave season. They should not move about in open field for a period of one week till the body is acclimatized to heat and should drink plenty of water. Acclimatization is achieved by gradual exposure to the hot environment during heat wave.