

## இந்தியஅரசு

இந்தியவானிலைஆய்வுதுறை மண்டலவானிலைஆய்வுமையம் 6, கல்லூரிசாலை, சென்னை600006 – தொலைபேசி: 044- 28271951.



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## Dated: 27-04-2024

## Time of issue: 13:30 hrs IST

## To:

The Commissioner of Revenue Administration, Govt of Tamilnadu

The Special branch CID, O/o the DGP Campus, Mylapore

The Commissioner of Chennai /IS- INSPECTOR CONTROLROOM /

The Commissioner of Greater Chennai Corporation

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The Chief Electoral Officer (ceo@tn.gov.in)

The Chief Secretary, Puducherry

The Commissioner-cum-Secretary(Revenue), Puducherry

The Special Secretary to Government-cum- District Collector, Puducherry

TheDistrict Collector, Karaikal

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# Sub: Special message regarding maximum temperatures over Tamilnadu, Puducherry & Karaikal

## Maximum temperatures observed during the past 24 hours:

During the 24-hr ending 08:30 IST of today (27.04.2024), there was no large change in the maximum temperatures over Tamilnadu and were generally above normal to appreciably above normal by 2 to 4°C over a few pockets in the plains of interior Tamilnadu. They were generally near normal over the plains of rest of Tamilnadu, Puducherry & Karaikal areas.

Highest maximum temperature recorded at Erode 42.0°C (+3.6°C).

Eight stations, other than Erode recorded maximum temperature above 40°C. Tirupattur: 41.6°C (+3.8°C), Salem: 41.5°C (+3.8°C), Karur Paramathi: 41.0°C (+3.9°C), Dharmapuri: 41.0°C (+3.9°C), Tiruttani: 40.4°C (+1.5°C), Vellore: 40.3°C (+1.5°C). Trichy: 40.1°C (+1.9°C), Namakkal: 40.0°C.

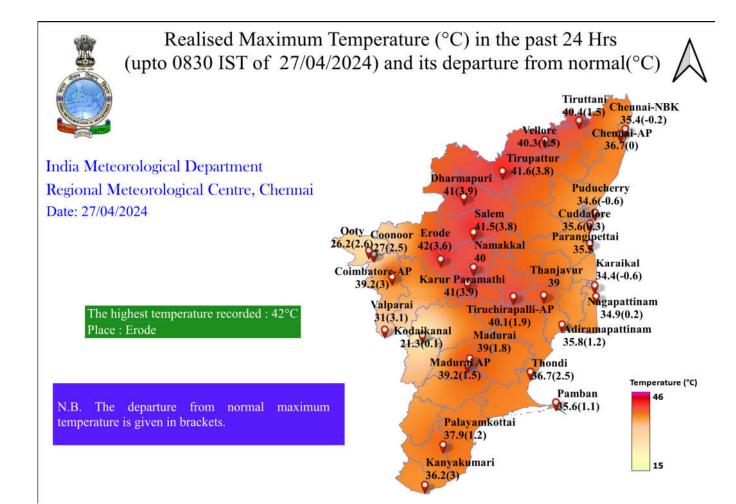
Plains of the rest of Interior Tamilnadu recorded 38-40°C.

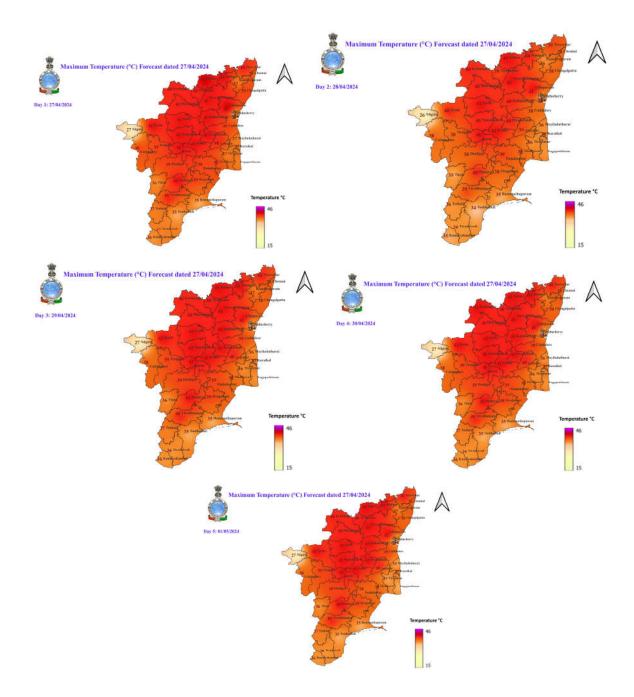
The coastal areas of Tamilnadu, Puducherry & Karaikal recorded 34°C to 38°C and the hilly areas, 22°C to 31°C temperatures

Chennai recorded normal maximum (MBK: 36.7°C, +0.0°C and NBK: 35.4°C, -0.2°C).

Forecast Day-1 to Day-5 (27.04.2024 to 01.05.2024)	Maximum Temperature: Maximum temperature is likely to raise gradually upto 2°C over Interior Tamilnadu during the next five days (27.04.2024 to 01.05.2024). Maximum temperature is likely to be 3-5°C above normal at a few pockets over the North Interior Tamilnadu during the next five days (27.04.2024 to 01.05.2024).It is likely to be 39-42°C at a few pockets over the plains of the North Interior districts of Tamilnadu during the next five days. (27.04.2024 to 01.05.2024).It is likely to be 35-39°C at a few pockets over the plains of the rest Tamilnadu, Puducherry and Karaikal area during the 
	Humidity is likely to be about 30-50% in the afternoon hours and 40-75% during the rest of the day over the plains of interior districts; and 50-80% over the coastal areas during the next five days (27.04.2024 to 01.05.2024).
Warning Day-1 to Day-5 (27.04.2024- 01.05. 2024)	Due to high temperatures and humid conditions, hot and discomfort weather is likely at isolated pockets over Tamilnadu ,Puducherry and Karaikal area during the next five days. (27.04.2024 to 01.05.2024). <u>HEAT WAVE WARNING</u> : Heat wave is likely at isolated pockets over North Interior Tamilnadu during the next five days (27.04.2024 to 01.05.2024)
Action suggested to the public	As given in the attachment

## **Temperature & Humidity Forecast and warning for next five days:**





#### **HEAT STRESS**

## (https://ndma.gov.in/Natural-Hazards/Heat-Wave/Dos-Donts)

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty
- Wear lightweight, light-coloured, loose and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles.
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Keep animals in shade and give them plenty of water to drink.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Use fans, damp clothing and take bath in cold water frequently.

## TIPS FOR TREATMENT OF A PERSON AFFECTED BY A SUNSTROKE

- Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature.
- Give the person ORS to drink or lemon sarbat/torani or whatever is useful to rehydrate the body.
- Take the person immediately to the nearest health centre. The patient needs immediate hospitalisation, as heat strokes could be fatal.

## ACCLIMATISATION

People at risk are those who have come from a cooler climate to a hot climate. You may have such a person(s) visiting your family during the heat wave season. They should not move about in open field for a period of one week till the body is acclimatized to heat and should drink plenty of water. Acclimatization is achieved by gradual exposure to the hot environment during heat wave.