

	<p style="text-align: center;">இந்திய அரசு இந்தியவானிலைஆய்வுதறை மண்டலவானிலைஆய்வுமையம் 6, கலஹரிசாலை, சென்னை-600006 - தொலைபேசி: 044- 28271951.</p>		<p style="text-align: center;">GOVERNMENT OF INDIA INDIA METEOROLOGICAL DEPARTMENT Regional Meteorological Centre No. 6, College Road, Chennai-600006 Phone: 044- 28271951.</p>
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Dated: April 29, 2024	Time of issue: 14:30 hrs IST
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To:

The Commissioner of Revenue Administration, Govt of Tamilnadu
The Special branch CID, O/o the DGP Campus, Mylapore
The Commissioner of Chennai /IS- INSPECTOR CONTROLROOM /
The Commissioner of Greater Chennai Corporation
Thur(tnstateeoc1@gmail.com,tn.relief@gmail.com,iscrcni@gmail.com,
sbcid.city@gmail.com,commissioner@chennaicorporation.gov.in,
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The State Election Commissioner (tnsec.tn@nic.in)
The Chief Electoral Officer (ceo@tn.gov.in)
The Chief Secretary, Puducherry
The Commissioner-cum-Secretary(Revenue), Puducherry
The Special Secretary to Government-cum- District Collector, Puducherry
The District Collector, Karaikal
(cs.pon@nic.in, secyfin.pon@nic.in, dcrev.pon@nic.in, collr.kkl@nic.in)
Jt.CEO Puducherry" <jtceo_pondicherry@eci.gov.in>

Sub: Special message regarding maximum temperatures over Tamilnadu, Puducherry & Karaikal

Maximum temperatures observed during the past 24 hours:

During the 24-hr ending 08:30 IST of today (29.04.2024), there was no large change in the maximum temperatures over Tamilnadu and were generally **above normal to appreciably above normal by 2 to 4°C** over a few pockets in the plains of interior Tamilnadu. They were generally near **normal** over the plains of **rest of Tamilnadu, Puducherry & Karaikal areas.**

Highest maximum temperature recorded at **Erode 42.0°C (+3.6°C)**. Six stations, other than Erode recorded maximum temperature above 40°C. **Tirupattur: 41.4°C (+3.6°C), Dharmapuri: 41.2°C (+4.1°C), Vellore: 41.1°C (+2.3°C), Tiruttani: 40.6°C (+1.7°C), Karur Paramathi: 40.2°C (+3.1°C), Salem: 40.1°C. (+2.4°C)**. Plains of the **rest of Interior Tamilnadu** recorded **38-40°C**. The **coastal areas** of Tamilnadu, Puducherry & Karaikal recorded **35°C to 37°C** and the **hilly areas**, **22°C to 30°C** temperatures. Chennai recorded normal maximum (MBK:38.6°C, +1.9°C and NBK: 36.0°C, +0.4°C).

Temperature & Humidity Forecast and warning for next five days:

<p><u>Forecast</u> <u>Day-1 to Day-5</u> <u>(29.04.2024 to</u></p>	<p><u>Maximum Temperature:</u> There is no large change in Maximum temperature is likely during the</p>
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<u>03.05.2024)</u>	<p>next five days (29.04.2024 to 03.05.2024).</p> <p>Maximum temperature is likely to be 3-4°C above normal at a few pockets over the interior plains of Tamilnadu during the next three days (29.04.2024 to 01.05.2024) and 3-5°C above normal at a few pockets over the north interior plains of Tamilnadu during subsequent two days (02.05.2024 & 03.05.2024).</p> <p>It is likely to be 39-43°C at a few pockets over the plains of the Interior districts of Tamilnadu during the next five days. (29.04.2024 to 03.05.2024).</p> <p>It is likely to be 37-39°C at a few pockets over the plains of the rest Tamilnadu, Puducherry and Karaikal area during the next five days. (29.04.2024 to 03.05.2024).</p> <p><u>Relative Humidity:</u></p> <p>Humidity is likely to be about 30-50% in the afternoon hours and 40-75% during the rest of the day over the plains of interior districts; and 50-80% over the coastal areas during the next five days (29.04.2024 to 03.05.2024).</p>
Warnings	
Day 4 (02.04.2024) & Day 5 (03.04.2024)	Heat wave conditions are likely to prevail at isolated pockets over North Interior Tamilnadu.
Day 1 (29.04.2024) to Day 5 (03.05.2024)	Due to humid air & high temperatures, hot & discomfort weather is very likely to prevail at isolated pockets over rest of Tamilnadu, Puducherry and Karaikal area
Action suggested to the public	As given in the attachment

P.SENTHAMARAI KANNAN
SCIENTIST-F
 for the Deputy Director General of Meteorology
 Regional Meteorological Centre, Chennai



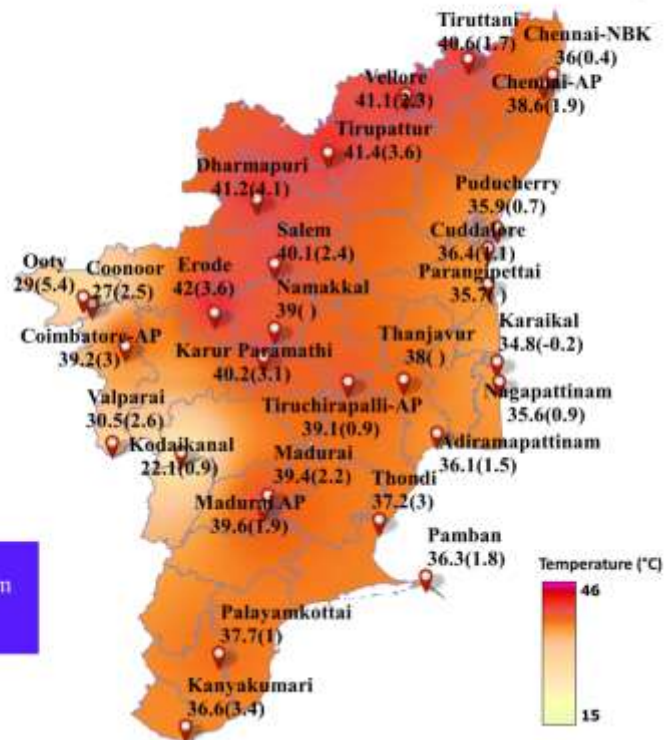
Realised Maximum Temperature ($^{\circ}\text{C}$) in the past 24 Hrs
(upto 0830 IST of 29/04/2024) and its departure from normal($^{\circ}\text{C}$)

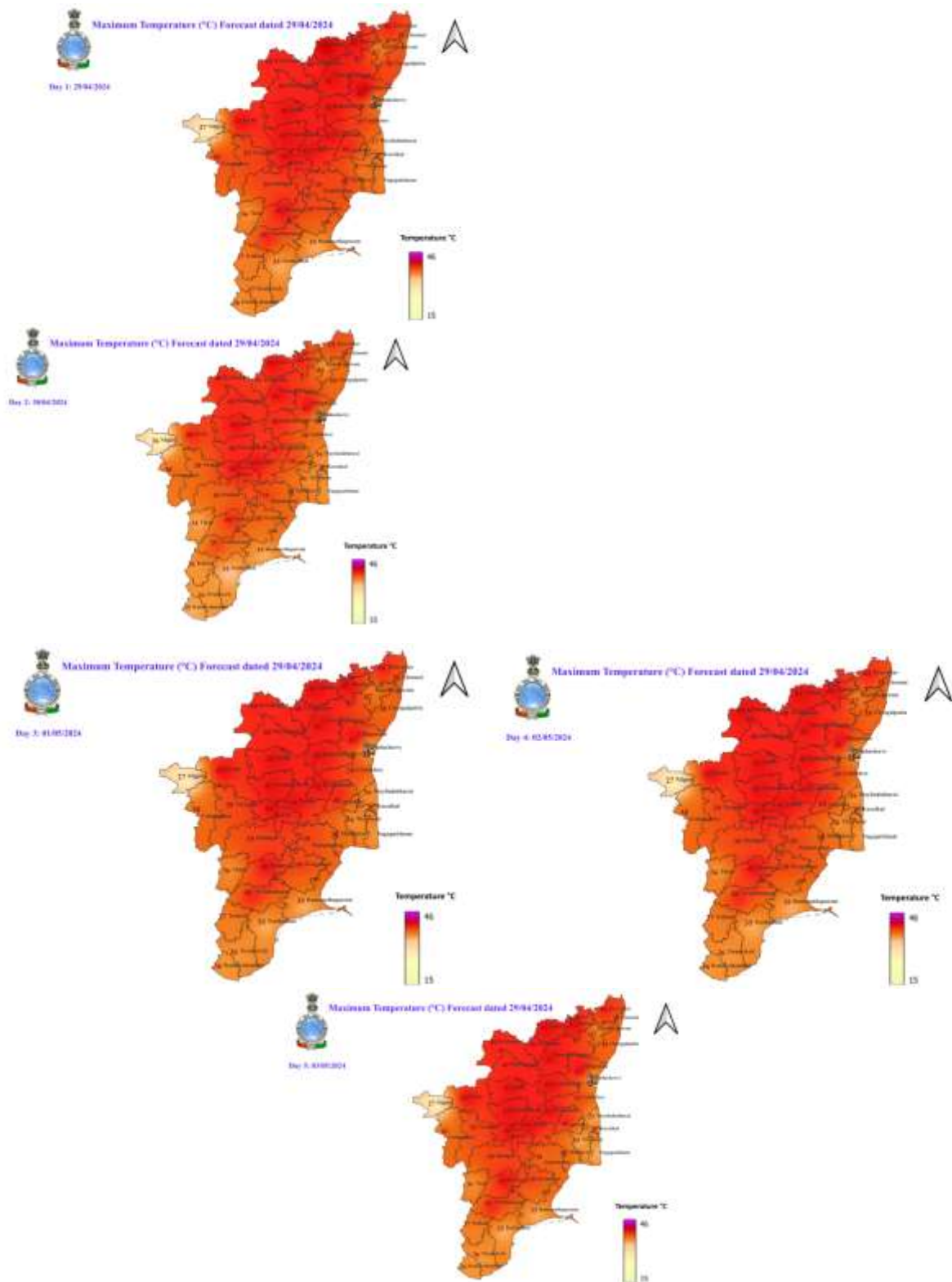


India Meteorological Department
Regional Meteorological Centre, Chennai
Date: 29/04/2024

The highest temperature recorded : 42°C
Place : Erode

N.B. The departure from normal maximum temperature is given in brackets.





ADVISE FOR MINIMISING IMPACTS DUE TO HEAT STRESS

(<https://ndma.gov.in/Natural-Hazards/Heat-Wave/Dos-Donts>)

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty
- Wear lightweight, light-coloured, loose and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles.
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Keep animals in shade and give them plenty of water to drink.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Use fans, damp clothing and take bath in cold water frequently.

TIPS FOR TREATMENT OF A PERSON AFFECTED BY A SUNSTROKE

- Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature.
- Give the person ORS to drink or lemon sarbat/torani or whatever is useful to rehydrate the body.
- Take the person immediately to the nearest health centre. The patient needs immediate hospitalisation, as heat strokes could be fatal.

ACCLIMATISATION

People at risk are those who have come from a cooler climate to a hot climate. You may have such a person(s) visiting your family during the heat wave season. They should not move about in open field for a period of one week till the body is acclimatized to heat and should drink plenty of water. Acclimatization is achieved by gradual exposure to the hot environment during heat wave.